

The Office of Cheryl D. Lindsay
Speech-Language Pathologist
539 10th Ave.
Hanover, Ont. N4N 2P2
519-506-8255 (TALK)

Staff:
Maureen Barclay, Supportive Personnel
Denise Cantlon, Supportive Personnel
Katie Barclay, Communicative Disorders Assistant

The Communicator



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words matter ...



Looking at the calendar, we can see that it's September, but we have a hard time knowing where the summer months have gone. The days are getting shorter, the leaves are beginning to turn, and there is a crispness in the air that reminds us that autumn is not all that far away. Take some time to enjoy this colourful season and all that it has to offer, because it won't be long before the ice and snow take over! We hope that you had a safe and happy summer, as well as some deserved rest and relaxation!



Another tell-tale sign of fall is that school is back in session. Some of your children may be back for another year, or could be starting kindergarten. Either way, September is a great time to book assessments and sessions for speech and language therapy. Especially with full day kindergarten coming into effect, making sure that your child is school ready is extremely important. We can travel to your home, child care setting or your child's school to provide speech/language therapy that is the most convenient for you and your family. Connect with us today!

FYI - REASONS FOR REFERRAL

If you are suspecting that your child may have a speech or language delay, you can call to discuss your concerns or make a referral. No concern should be overlooked and anyone can make a referral. The sooner you refer, the sooner your child can access services. Here are some red-flags for when to refer a child:

- * Articulation difficulties
- * Delays in your child's understanding (receptive) and/or use of (expressive) language
- * Dysfluency (stuttering)
- * Voice problems
- * Hearing impairments or auditory processing disorder
- * Cleft lip/palate
- * Autism/social language difficulties
- * Feeding difficulties
- * Developmental delays
- * Learning disabilities
- * At risk infants due to prenatal and/or birth complications

This office also provides service to adults and the aging population. Below are circumstances that would warrant a referral of an adult:

- * Motor speech disorders affecting verbal expression
- * Loss of language due to brain injury
- * Swallowing disorders
- * Dysfluency
- * Voice problems
- * Hearing impairments

Office Space for Lease



- 2 offices in a professional building
- Health/other professionals preferred.
- Located at 539 10th Ave Hanover

To view the office space, please call Cheryl to arrange an appointment.

**519-506-TALK (8255) or
519-369-4233**

INSPIRATIONAL QUOTES

"If the person you are talking to doesn't appear to be listening, be patient. It may simply be that he has a small piece of fluff in his ear."



-Winnie the Pooh

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SPEECH MATTERS

For the past year, we have been submitting monthly columns into both the Hanover Post and Cargill Area newspapers. Each submission focuses on a specific topic in relation to the world of speech, language and communication. Recent topics include:

- * Understanding Autism
- * Taking care of your Voice
- * May is Speech and Hearing Month
- * Fluency Disorders
- * Childhood Apraxia of Speech
- * Phonological Disorders
- * Speech and Language School Readiness

If you have any suggestions for future articles, or if you have any questions about past articles, please contact our office. Watch for upcoming columns in both local newspapers!



FRESH NEW LOOK

If you've been cruising by our website lately, you may have noticed a few changes. With the help of Jennifer Harris at Key Lime Creative in Paisley, we have given our website a face lift. We have a more family friendly layout and theme, as well as new updates to the Speech Matters blog. We have everything pretty much up to date, and will be updating as much as possible. Check us out at www.cheryldlindsay.com to see what's new!



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WORDS MATTER WORKSHOP

Presented by: Cheryl D Lindsay,
M.S., S-LP



Workshop 1 of 4

**Straight Talk: The Difference
Between Articulation, Phonological
and Apraxia Disorders.**

Resources provided.

For: Educators, parents, caregivers,
health care professionals, anyone
who works with young children.

When: October 20th, 2011

Where: Ontario Early Years Centre
Hanover Site 515 9th St
Hanover, ON N4N 1M3

Phone: 519-376-8808

Contact: Pam or Heather
oeychanover@grey.ca

WATCH FOR FURTHER INFO!

WEBSITE PICK

This edition's website pick has
everything parents and teachers are
looking for to teach their kids.

www.havefunteaching.com

is a website that's full of free printable
worksheets, colouring sheets,

Items FREE/FOR SALE:



FREE: Previously owned child size
wheelchair, in good condition

FOR SALE: Previously owned
GORILLA car seat, in good
condition, \$100.00.

For more information, please
call Cathy at 519-369-6404



SPEECH TIPS

Artic /sh/

*The "sh" sound looks like rounded lips with the tongue in the back of the mouth.

*It feels like a steady stream of air and sounds like the "quiet" sound.

* Children who have difficulty with the "sh" sound in words, may not have trouble with it at all by itself. Have your child hold a finger to their mouth and say "shhh".

*If your child can produce an "s" sound, Have your child say "ssssss" and have them pucker their lips slightly and move their tongue back until you hear the "sh" sound.

*If your child can produce an "e" sound, have your child say "eeee" in a whisper voice while puckering their lips until you hear the "sh" sound.

*Praise often, and be specific; "You are trying so hard to make your "sh" sound! You even remembered to round your lips."

*Several short sessions are much better than one long session.

*Have Fun!